

HALF TERM 4 THEME: BODY AND MIND			Year 7	Year 8	Year 9	Year 10	Year 11
Date	Assembly	RE	My body my choice	Sexuality and diversity	GCSEs options, jobs and careers + finance	Positivity and role models	Strategies for coping with pressure
20/2/23	The dark side of social media		Respecting yourself	LGBTQ key terminology	What are GCSEs? Education path ways	My carefully curated life... The dark side of social media	Coping with stress
27/2/23 2 nd March World Book Day	Personal identity		Unwanted touching (consent)	Asexuality	What options do I have at Park?	Body positivity despite the internet	Dealing with exam anxiety
6/3/23	Diversity		What is sexual harassment?	The law of equality – who is protected	How can stem help me with my options?	The influence of negative role models	Committing to self care
13/3/23 Science Week	Positive role models (science?)		Physical respect for others	The legal rights relating to equality	My options and future careers	The influence of positive role models	Using physical activity to promote well being
20/3/23	Equality and the protected characteristics		Body positivity	What does it actually mean to treat people equally?	Preparing an interview	Living as an LGBTQ person	Where to seek mental health help when you need it
27/3/23	Body positivity		Recap/discuss/share	Recap/discuss/share	Choosing your options	Recap/discuss/share	Recap/discuss/share
CHALLENGE DAY th April						EBP	Intervention
			Race at your place				