



much more than just a school



21 April 2021

Dear Parent/Carer

Relationship and Sex Education lessons

This half term our Thursday Personal Development lessons will follow the theme of Relationship and Sex Education (RSE).

This is a compulsory part of the curriculum and provides students with fundamental life skills. The sessions will be age appropriate and cover a range of topics including:

- Staying safe online
- Healthy relationships
- Consent
- Contraception

The focus of all sessions is on equipping students to keep themselves safe and being confident in making decisions.

The sessions always include a brief stimulus and are predominantly discussion-based. They should also provide opportunities for further discussion at home. Please do take time to discuss RSE lessons with your children at home.

If you would like further guidance or advice about online safety, please visit the following helpful sources: [Parent Zone](#), the [NSPCC](#), the [UK Safer Internet Centre](#), as well as the [Digital Parenting](#) magazine published by Vodafone.

Yours faithfully

S Loake

Mrs Loake
SMSC Coordinator



Success for All through Affainment, Resilience and Autonomy

Park Community School
Middle Park Way, Havant, PO9 4BU
Headteacher: Christopher Anders BA(Hons) MA
T: 023 9248 9800 W: pcs.hants.sch.uk E: info@pcs.hants.sch.uk

