



much more than just a school



11 October 2023

Dear Year 7 Parent/Carer

Relationship & Sex Education (RSE)

I am writing to inform you of RSE sessions which will be delivered on Thursday, 19 October 2023 as part of your child's Challenge Day programme.

The session will cover puberty and body changes, and will look briefly at other issues such as the mechanics of sex and consent. Young people need to be able to make informed decisions and act responsibly, without being led or coerced into doing something they really do not want to do.

These lessons will help students make up their own minds and not feel they need to 'go along with the crowd'. The sessions will also provide opportunities for further discussion at home about what the children are learning and appropriate relationships. The sessions will be delivered by Shannon Reddin, an RSE specialist, who has worked with the school for several years, and the sessions will be followed up with tutors.

I expect that the experience will enhance not only the students' knowledge, but also their ability to make the informed decisions later on in life and, more importantly, to make choices that are right for them and have the confidence to stick by them.

You do have the right to withdraw your child from these sessions - please contact me on s.loake@pcs.hants.sch.uk should you wish to do so. Your child will then be required to work independently in the school, either in another classroom or the school library, while these lessons are taking place.

Yours faithfully

Mrs S Loake
SMSC coordinator



Success for All through Attainment, Resilience and Autonomy

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