



much more than just a school



17 October 2024

Dear Year 7 Parent/Carer

Year 7 Relationship & Sex Education (RSE) sessions

I am writing to inform you of RSE sessions which will be delivered on Thursday, 24 October 2024 as part of your child's Park Personal Development Day programme.

The session will cover puberty and body changes, and will look briefly at other issues such as the mechanics of sex and consent. Young people need to be able to make informed decisions and act responsibly, without being led or coerced into doing something they really do not want to do.

These lessons will help students make up their own minds and not feel they need to 'go along with the crowd'. The sessions will also provide opportunities for further discussion at home about what the children are learning and appropriate relationships. The sessions will be delivered by Shannon Reddin, an RSE specialist, who has worked with the school for several years, and the sessions will be followed up with tutors.

I expect that the experience will enhance not only the students' knowledge, but also their ability to make the informed decisions later on in life and, more importantly, to make choices that are right for them and have the confidence to stick by them.

As these sessions come under the 'health' section of RSE you do have the automatic right to withdraw your child from these sessions. However, should you wish to discuss content further please contact me on s.loake@pcs.hants.sch.uk.

Yours faithfully

Mrs S Loake
SMSC coordinator



Success for All through Attainment, Resilience and Autonomy

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