#### much more than just a school

# POST much more than just a school

## newsletter

Issue 10

**April 2017** 



Georgie Harris from Park Community School, who is the driving force behind this event said: "Having lived in Leigh Park all my life and being an ex-student, I have a strong connection with Park students and I feel it is massively important for the students and the community to feel proud of where they are from and this kind of event certainly helps to promote that.

Nearly everyone has been or will be affected by cancer in some way in their lives, either directly or through a friend or family member. Lots of students and staff ran with a personal remembrance or a message to a loved one on Friday and this is their way of showing their support and helping to fund research towards a cure."

#### Headteacher, Christopher Anders said:

"For many staff and students the Race at Our Place is a highlight of the school year. The number of students who run and walk is a very special part of our school. It is one of those times when the difference between our school and others is clear to see. The sense of excitement and fun before the race as well as along the route is fantastic. The sense of achievement experienced by all participants is obvious at the finish line and in the conversations which take place back at school.

It is all about 'doing your best' and so also provides an important chance to push oneself. Trying to beat a friend or a member of staff adds to the event, but really it is about taking part and pushing yourself. Thank you to Miss Harris and everyone who helped to organise the run."





## Park Post

#### **STEM Week**

The aim of National Science Week is to engage and inspire people of all ages with science, engineering and technology. The focus of Science Week this year was the idea of change.

Year 7 and 8 took part in a range of activities that included making paper helicopters, in which they used different sized paper templates that would spin and turn like sycamore seeds. They chose to test assorted sizes and masses - they were very eager to test them in and out of class.

The idea was to see which design would stay turning in the air for the longest time. Students were encouraged to change the rotor blades by cutting or adding different masses.

The second activity was creating bouncy balls and seeing how vinegar can change the properties of latex. Students could make a range of different sized bouncy balls but were very impatient in waiting for them to dry in order to test them out!

The final activity was changing a lemon into a volcano! Students used lemons and some bicarbonate of soda to make it erupt. Students enjoyed this activity as they could get messy, create a chemical reaction, and watch the bubbles begin.



The week ended on a high with a fascinating science show by the Institute of Physics, named 'ever wondered why?' Students were amazed by the size of the universe and how far the planets are from the sun. Students gasped when they were tricked by their eyes into seeing colour when it was not there. The show finished with a bang of a whoosh bottle, some amazing flame colours and a hydrogen rocket leaping into the air!

It was an amazing end to a very scientific week.

Family members of Year 9 and 10 students had the opportunity to come in and experience what it is like to be in a science lab. Students were very excited to 'teach' their family to use a microscope, make an onion slide and then create copper sulphate crystals using filtration and evaporation.

Students were very eager to show off to parents what they have been learning.

School-wide, students were given some interesting discussion topics and video clips to watch, including Oscar the cat with prosthetic feet. Mentor groups also got the opportunity to win a prize for completing as many correct answers to the Science Week quiz activities as possible.

#### Race for the Line

On Tuesday 28 March, Park students took part in the National Competition called 'Race for the line' in conjunction with the Bloodhound team, who are ultimately aiming to beat the land speed record. In school, students designed and made rocket cars. The Year 7, 8 and 9 students had been designing and creating these cars for six weeks before finally race day was upon us!

The Army arrived to run and ensure that the races were fair and of course safe. The students were very excited.

The first car was sent off and the students were amazed at the speed and noise from the rocket cars.

We raced eight cars in total and the speeds ranged from 30-45 miles per hour! The last car that ran actually hit the light gates and broke in half!! It was a shame as it was the fastest of the day.

Next term we will find out if we were fast enough to reach the next round.

What an amazing afternoon!

## **Comic Relief**

Students at Park donated to Comic Relief by dressing down for a day. Both students and staff joined in and raised...







#### **New York Trip**

The school visit to New York in half term was an amazing opportunity for a group of 57 students, teachers and parents of Park Community School to experience the culture and see the sights of the Big Apple.

We arrived in New York late afternoon and took a coach trip to the hotel which gave us the chance to get our bearings and catch a first glimpse of some of those famous landmarks. From the moment we landed we were so lucky to have beautiful record-breaking weather, which was a huge surprise considering the week before the city was covered in snow!

While in New York, we visited many of the famous landmarks and sights. The National History Museum was our first



stop, where we explored many different floors filled with specimens and artefacts, the most popular being the Tyrannosaurus Rex and Apatosaurus.

New York is a very lively and spontaneous city which we definitely experienced during our trip, particularly when we walked through Central Park and came across a group of street dancers who were amazing and knew how to work the crowd! Their flips were spectacular and had the whole crowd gripped.

Ground Zero was a really emotional and memorable experience – the students were clearly all very moved by the tragic events which happened there and showed the utmost respect by standing in silence and taking in the surroundings. It was as though everything had stopped around us.

After visiting Ground Zero we split into small groups and made our way back to the hotel. A few of us flagged down a famous yellow taxi to get back to the hotel - definitely an experience to remember.

The others experienced the subway with Mr Roberson where Brandon Miller showed off his pole dancing skills for an audience who found him very entertaining. They did not stop laughing and even gave him a round of applause at the end.

While we were in New York, students were allowed to explore and experience the culture of the Big Apple. Visiting the shops was a big hit, especially shopping for new shoes.

There was so much to see, but just enough time to visit the Empire State Building where we were able to see the cityscape by night, the lights were dazzling. We also visited The Rockefeller Centre which gave us fantastic views over Central Park.

All in all, the trip was one we will never forget! All of the group returned with memories to treasure!

#### Houses of Parliament trip

As part of last term's Challenge Day, a group of Year 8 students were lucky enough to be invited to go to London to visit the Houses of Parliament and to watch the Changing of the Guards.

When we arrived, we split into two groups, the first group went to Parliament while the rest of us went for a walk. We walked past the guardhouse and watched the Guards preparing to change; they even waved to us! The soldiers performed a complex routine which



resulted in them parading out of the building and marching away. We continued walking until we reached Buckingham Palace where we watched the guards marching in unison towards their duties.



It was also an exciting experience to see the Guards on horseback. After lunch we walked to the Houses of Parliament where we were given the grand tour seeing where the Queen enters and exits and we watched a film of the history of British Parliament. It was an informative film that was entertaining in places, even though it included beheadings.

#### Havant Youth Conference

Eight Year 9 students attended the annual Havant Youth Conference. They took part in two workshops focusing on reducing exam stress and abusive relationships. A favourite was the breathing exercise where we learnt how to calm our nerves.

After lunch the students got to hear from three community projects. They then had an opportunity to vote on which one should receive a grant from the council. They were all great organisations and each got a grant of various sizes.

Finally, students met our local councillors



which was really interesting talking about the issues that affect us and how to ensure our voices are heard.

#### **Future Finders**



A group of Ten Year 7 students attended the 'Future Finders' event held at Fareham College, the aim of the trip was to enable students to discover the range of careers that would

be available to them, and also the routes they would need to take in order to get into their chosen careers.

The potential employers ranged from Kier to the Royal Navy! The realisation that there is such a diverse choice of employers available to them was really insightful.

They all returned to school inspired with a new outlook on their future.



#### **Rock Challenge**



On Wednesday 1 March, 90 students from Park Community School took park in Rock Challenge 2017. This year our theme was based on the Plague and the Great Fire of London. Our students danced their hearts out and performed to an amazing standard. We competed against nine schools and came 4th overall.

We also won awards in the following categories... Excellence in Lighting, Video, Costuming Character, Soundtrack, Entertainment, Visual Enhancement, Set Design and Function, Healthy Lifestyle and Community Involvement.

Mrs Chuter said "I am so proud of our students and very grateful for everyone who helped and supported our performance".



## EASTER FUN DAY

Free

STAUNTON

Eptry!

Easter Egg Hunt Bouncy Castle\* Face Painting Colouring Competition Spot The Bunny Trail Zorb Obstacle Course BBQ

Cake Stall Refreshments

lus lots more

A small charge will be made for some astim

" weather permitting



#### PeaceJam Conference

A group of Year 9 and 10 students gave up their weekend to attend the annual PeaceJam Youth Conference at Winchester University. Students had the chance to speak to Leymah Gbowee who won the Nobel Peace Prize for her role in ending the civil war in Liberia. After a thought provoking and personal talk from Leymah, students asked questions and one of our group had the chance to speak personally with her, even getting a selfie! Stephanie Baverstock described Leymah as "inspirational and very relatable".

Across the weekend, students completed a range of activities and workshops aimed at promoting peace

in our own communities, getting to know more about university life and the work of PeaceJam. Students had the chance to share their own personal stories on the second day with two Park students standing up in front of more than 100 delegates to speak.

It wasn't all hard work though. Catherine Macleod said the weekend was "pretty chilled out and laid back. You could be yourself and have fun without being judged." Park Community students had plenty of time to do this, dancing on stage with the university mentors and playing games in their down time in their university family groups. They are now exploring how they can take a more active role in other PeaceJam events.

#### Ash Wednesday

With the help of Right Reverend Christopher Foster, Bishop of Portsmouth, Year 8 students had the opportunity to discover what Easter is all about for Christians and how Lent is an important period of personal reflection. Students began the session eating pancakes and learning about the meaning behind Shrove Tuesday. After being treated to breakfast, they then learnt about Ash Wednesday and the other important times in the run up to Easter Day.

Students were given a hands on experience of why this period is important to Christians and how the meaning behind many of the activities can be relevant to people's lives whether Christian or not. One group also



had the chance to work with Bishop Christopher, and hear a personal account from him. A student commented "Bishop Christopher was great, he explained these ideas really clearly and he even told jokes with us."



## Park Post

#### **Apex Students visit Barrett Homes**

The first cohort of Park students studying at the Apex Centre had a unique opportunity to gain a deeper insight into the construction industry when they visited 'The Oysters' Barratt Homes building site on Hayling Island on the 13 and 14 of February.

A total of 21 students, ranging from Year 9-11, learned about the importance of health and safety, effective communication and teamwork to the successful completion of site jobs. The Site Manager and Community Liaison Officer provided students with expert advice on the application process for apprenticeships and other routes into the construction industry.

Park students had a chance to ask questions about work experience opportunities, current market demand and the advantages and disadvantages of working in the construction trade.



A comprehensive site tour enabled students to discover how houses are constructed from conception to completion, how long each phase takes and the key skills involved. The trip helped students to build on the knowledge developed in their Apex Centre sessions where they study core skills such as bricklaying, carpentry and wallpapering, to achieve recognised Laser LEAP Level 1 Construction qualifications.

Apex Centre Skills Instructor, Len Carter said: "It was an invaluable experience for all students to learn how practical tasks at the Apex Centre can be applied to the skills which affect real applications on a building site. The students were shown that job progression exists with hard work and determination."

#### STEAM Event - Chichester University

Year 10 boys went to the University of Chichester to an event for called FLARE-STEAM Event 2017.

This event gave students the opportunity to work in groups to explore STEAM in action particularly relating to vehicles. Students experienced a number of activities that highlighted progression within the following subject areas:



Science, Technology, Engineering, Art and Maths. The students worked closely with both industry experts and staff from the University of Chichester.

#### **Young Leaders Awards**

A Young Leaders Award ceremony was led brilliantly by Year 9 Park students Carly Dixon, Jasmine Bone, Lily Moore and Lilli Bundy.

The students worked enthusiastically and came up with ideas of how they can lead playground activities safely at break times, support the teachers in lessons by leading warm ups and counting equipment in and out. The Barncroft students listened carefully to instructions and responded extremely well to the Sports Ambassadors.

Leela Mengham, teacher at Barncroft "The students were brilliant from Park in their Leadership Skills and also Barncroft students shone in their superb behaviour and attitude. A great partnership".

#### Public Speaking and Confidence Building Course

Twenty Park students, all members of the Girls' Network, were very fortunate to attend a workshop by Julie Mail on the importance of excellent communication skills, good posture and dressing appropriately for interviews.

The girls responded very positively and quickly realised the importance of these skills in making them stand out from the crowd in job and university applications.

The girls continue to meet with their business mentors each month for an hour

of support as part of the Girls' Network Programme.



"The Girls' Network is brilliant for advice, support, connections and networking. We are really lucky to have this at Park" said Shannon Dunning, Park student and Girls' Network member.

#### **Rotary Young Chef Competition**



The Rotary Club of Havant have had students from various schools compete in the National Rotary Cooking Competition for the last ten years. The furthest that any competitor has ever reached is to compete in the third round. Never before has it ever been won by a Havant competitor. Izabella Darmanin has made history by beating ten competitors, some from as far away as Jersey, to win this third round. Izabella will now compete in the next round in early April against other

competitors from the south of the country.

Her menu including, prawns, chicken dopiaza and panna cotta won the

competition by a single point. The standard was incredibly high, confirmed by three professional head chefs of high profile restaurants.

Congratulations to Izabella for a really amazing achievement and good luck for the next round.





#### World Book Day

Early in March, World Book Day came to Park.

This year there were both teachers and students mascarading as their chosen book characters, with some really quite amazing costumes. Cruella De Ville was teaching maths, The Cat in the Hat was teaching science and the English team had all become ranch workers from 'Of Mice and Men'.

On the day there were also opportunities for students to win a voucher by answering book related questions posed by members of the Leadership

Team, as they made their way around school.

#### **Incredible Me Speed Spelling**

My English class have been doing spelling training. We have to find our space (where we want to see the word, and where it is easy to find after practice) and think a happy thought and make it bigger. You get shown a word in your space, when you have seen it you tell the person and they turn it around, you have to write it on your board. If you get it right you can have a go at spelling it backwards. Afterwards you can still see it in your space. I have spelt "rotten". Nicky spelt Frankenstein.



I am enjoying it, as you get to learn spellings you didn't know before, so it makes you more confident.



Taylan Cain, Year 7, added that "the spelling is kind of good because it makes you remember the words easier, because you can see them. Nicky Gale thinks it is "well good" because he learnt to spell really quickly.

James Grubb finds his spelling a lot easier now because he thinks of his sweet spot and his good feeling and sees the word. "I have spelt labyrinth and diarrhoea."





## Teachers change lives every day.

If you want to make a difference and enjoy a rewarding, challenging career with flexibility, variety and job security, find out more about primary and secondary training with The Solent SCITT and The Solent Teaching School Alliance.

If you would like more information about teaching and how to apply through UCAS, contact Phil Seery at **info@thesolentscitt.co.uk** 

> Tel: 02392 489 819 www.thesolentscitt.co.uk







#### **High Sheriff Award**

On 15 March representatives from Park went to the Great Hall in Winchester to the High Sheriff of Hampshire Community Awards 2016/17. The awards are a mark of distinction and recognition given to public servants, individual volunteers or community groups based in Hampshire, who are making a significant contribution to their communities.



The Community Team from Park had been nominated for an award and Christopher Anders, Susan Parish, Flo Fearon and Nigel Pritchard were delighted when Park's name was announced as the recipient of the award.

The school always strives to be 'Much More Than Just a School' and the wording on the award stated "Community Team at Park Community School in recognition of great and valuable services to the community... for activity and contribution in enhancing the life of the community". It was extremely rewarding to know that others have noticed that we are unique in both our opening hours and the variety of activities and opportunities that we offer our community every day.

#### **Challenge Day**

Year 7 focussed on understanding bullying. Students completed an anti-bullying survey and created antibullying posters. They talked about school policies and received a performance from Chloe Hine the founder of Beat the Bullies.

Year 8 increased their awareness of the different challenges people face and how we could change the way we react and treat others accordingly. The students had a visit from a parent of a child with Down's Syndrome.

Year 9 covered why we should not always be quick to judge others based on first impressions. Students discussed awareness of different groups of people and how they should be treated with tolerance.

All Year 10 students took part in mock interviews. They received full feedback, including feedback on their CV, from local employers.

Year 11 students undertook some walking talking mocks and completed the ECDL exam.

#### **Maths Feast**

Year 10 students Toni Somes, Jessica Newman, Callum Allen, Frankie McMullan, Bobby Jervis and Tommy Dawson went to Portsmouth College to compete in a mathematics competition run by the Further Maths Support Programme, called Maths Feast.

They competed against schools such as Bohunt, Priory, Portsmouth High and others. Three prizes were awarded and we won the prize for demonstrating great teamwork.



All students were a credit to the school; aside from showing great teamwork, they also demonstrated great resilience and problem solving abilities.

#### Gravity Boys Dance Group

Our Gravity Boys dance group has started up again and we have a new team of boys involved.

The group is aimed at male students in Years 7-10 including those who study GCSE Dance as a way of motivating them to become good team players and challenge their creative thinking. It is also used as a platform to encourage boys to enjoy dance and support their learning in class.

We aim for this group to take part in workshops and performances in the future.

Anyone who would like to join is more than welcome. It is held every Wednesday in the activity studio from 2.45-3.30.

We are planning on creating a new physical piece and a tour of our local junior schools as a way of engaging boys and recruiting new members.

Watch this space!



#### **Rugby Refereeing Course**

Park students were fortunate enough to be coached by the England Rugby Community Coach at Havant Rugby Club. Our students responded brilliantly and out of a total of twenty, eight students who showed the most potential for refereeing were selected to referee the Primary School Rugby Tournament.

Congratulations to Josiah Barron, Joshua Loman, Ethan Heads, Joshua Holdford, Oliver Edwards, Bailey Young, Kamrun Rahman and Jacob Bream.



#### An amazing gesture!

Park student Jasmine Bone, Year 9, has had her long hair cut and donated it to Little Princess Trust - well done Jasmine, what an amazing gesture! Jasmine has so far raised a fabulous £350 for this great cause.





#### **Park Sports**

#### My Work Experience at Park

When I was at school and still now as I look to complete college, I want to become a PE teacher.

I chose Park for my work experience because I left this school in 2016 and I know the school and teachers well. I have always wanted to become a PE teacher so I was hoping to get some experience



of all aspects of the PE curriculum and how they cope with teaching. I also wanted to see what it was like on the other side of being at school, as a member of staff.

My expectations have certainly been met, as I have learned ways to communicate verbally and non-verbally and also how to act around other students. I have also learned new things from the PE curriculum that I didn't know before.

This work experience has definitely cemented my career choice of working within the sports industry when I complete college.

#### much, more, than, just, a, school,

### PE After School Sport Offer - Summer Term



	Sports hall	Lecture Theatre	Fitness room	Outside(STP/field)	Study club	Off Site
Monday	All years Cricket external coach		Fitness Yr7-8 3pm-4pm yr9-11 4pm-5pm		Btec Sport Period 6/ Study Club (LCV/VSM/PTA)	Sports Ambassadors at Primary Schools (JNO)
Tuesday	All years Volleyball (JNO)	Department / iSTEM meetings				
		Sports Development Club CBP/KSE - Sports Ambassador Training JNO				
Wednesday	All years Basketball external coach	All years Trampolining (VSM)	Fitness Yr7-8 3pm-4pm yr9-11 4pm-5pm	All years Rounders/Softball (LCV/PTA)		Sports Ambassadors at Infant Schools (JNO)
Thursday	All years Badminton (SCA)		Fitness Yr7-8 3pm-4pm yr9-11 4pm-5pm	All years Frisbee (PTA)	Btec Sport Period 6/ Study Club (LCV/VSM)	All Years Rounders Matches
Friday			Fitness Yr7-8 3pm-4pm yr9-11 4pm-5pm	Vr11 Football (ARE)		

Park Community School - much more than just a school

#### **Sports Stars**

Park Students Lilly Moore, Cain Holmes, Sam Fraser, George Thumwood, Darren Shields and Jake Clements have been selected as the PE Department Sport Stars!

They have each been selected from their PE examination group for their hard work in theory classes, effort in practical lessons, their commitment to sports and study clubs as well as their positive attitudes toward the course.

Well done all! Keep it up!



#### **BTEC First Award Level 2 - Sports**

A huge well done to all students who are completing their BTEC First Award Level 2 in Sport. All students have remained focused throughout the last few months and have worked hard to develop and refine their work.

It has been fantastic to see the mature attitude of so many of our young sports men and women as they tackle this challenge with such determination and passion by committing to studying after school and on Student Review Day.

The end is in sight and you deserve to do so well.

Keep it up!





## Park Post

## Park Sports

#### **Staff Fitness Tests**

Each term both staff and students complete a range of both health and physical fitness tests/challenges. These challenges are based on flexibility, power, muscular endurance, coordination, reaction time, cardiovascular fitness and speed.

The challenges are used to track individual developments in fitness levels throughout the year and the results can then be compared to National Averages.

Once these are completed the top five boys and girls in each year group and the top five staff are celebrated on the PE wall of fame – get along to see how you finished!

The next set is after Easter so get training!

#### Park Fitness Suite

Even through the cold and wet miserable winter weather, we've seen great commitment from some of the students coming to the fitness suite and working hard every night, it is really wonderful.

A massive well done to Fox Fry, Lucy Norrie, Katie Norrie and Elle Ayling for their dedication and hard work on their training programmes.

The groups that I have had the pleasure of working with during lessons in the fitness suite or circuit training have shown amazing dedication. I hope to see more of you making use of the amazing facilities we have here.



#### Year 7 & 8 Round 1 & 2 Cross Country

Last term a group of Year 7 and 8 students went to the Crookhorn interschool cross country competition. The weather in the days before the event had been very wet and so the ground was very soft, making the route very slippery.

The Year 7 girls were the first to run, with Molly Agha finishing 29th and Nicole Crown finishing 40th. The competition was tough but all the girls ran a good race. The results did not reflect their effort.

The Year 7 boys race was very quick as they ran well. Jay Sparks and Ben Bibby finished 14th and 15th – again the boys gave a great effort and all tried their hardest.

I was only the only girl from our school in the Year 8 race. I came 14th out of 39 and I was proud to have the other Park competitors cheering me on around the course.

The Year 8 boys ran amazingly. They were outstanding. Camran Davies finished 15th in a closely run race. The competition was heated because they were all pushing themselves as far as they could go, and further. Everyone had support from the Park Community School runners, it was a real team effort.

S.E. HANTS B.E. HANTS

Round 2, on 7 March, saw Camran Davies, Ben Bibby, Jay Sparks and me go off to Basingstoke to join the South East Hampshire Cross Country team. We all qualified from the areas schools competition earlier in the year and had been training with Mrs Bearpark and the PE department for the event.

We did exceedingly well against tough competition. The mud made it super difficult to run but we all powered through and cheered each other on. It was an exciting, proud and sunny day which I thoroughly enjoyed.

Unfortunately, none of us qualified for the next round where we would have represented the south of the country. But watch this space – next season we are coming!

#### **Oarsome Chance**

A small group of Year 7 students are taking part in a programme run by the charity Oarsome Chance, where they will learn both to row and build a paddle. The last few weeks these students have been working extremely well, showing a real enthusiasm for both aspects of the programme.

A special shout out to Ronnie Cooper, Archie Crockford, Ben Bibby, Jacob Bream, Ian Smith and the queen of the rowing machine Milly Agha, who are posting some amazing times. Keep up the great work everyone.





#### Park in the Community Showstoppers Dance Show

On Saturday 11 March, Showstoppers Stage School held the British Arts semifinals event in the theatre at Park Community School. Showstoppers is a local dance school that trains students in tap, ballet, modern, acro and musical theatre from the age of 3 upwards. The school has been affiliated with the British Arts since the school was started by Caroline Casey 21 years ago. Over time, many of the Showstoppers students have gone on to professional training and careers in the industry.

The event saw solos, duets and groups performing from across the South of England. Each item is then marked and if merited goes on the short list for the finals which take place in London in May. Over the weekend, Showstoppers also raised money through running a café for their linked charity 'A Touch of Magic' which is run by Jessica Ridge, one of Showstoppers' students. We raised over  $\pounds1000$  for them.



Showstoppers Stage School runs in Blendworth in Horndean. Places are available in all classes. Please contact Caroline Casey on 07730524212 or email carolinecasey@hotmail.com. The photos above are from Showstoppers

annual show which takes place in February and shows off all the students' talent throughout the age ranges. Photography is by Graham Renyard from Birdwood Studios in Fareham.

#### Police Cadets Pass Out

Park Community School again kindly hosted the attestation for a new intake of Hampshire Police Cadets to the Havant unit. In addition, the Gosport unit also joined us to attest a new intake to their unit. We were joined by Mayors from both towns as well as the Havant District Police Commander Chief Inspector Jenkins, who formerly policed in the Gosport Borough before taking command of Havant.

The seven cadets that have joined the Havant unit recently completed their initial induction to the 'Hampshire Constabulary cadet scheme'. They will now continue to work alongside the already thriving unit who meet every Thursday from 6pm during term time at the Dickinson



Centre. At these evenings the unit get involved in Police themed activities or visits from specialist departments from across the constabulary and then later in the year will be involved in assisting in policing a number of events across the county. Furthermore, the cadets are used in a number of local community events and supporting the local neighbourhood police teams in achieving their local policing priorities.

Anyone interested in joining the cadets in the next intake later this year should register their interest by visiting: http://www.hampshire.police.uk/internet/about-us/volunteer-police-cadets/

#### Portsmouth Music Festival - Speech & Drama

The Speech & Drama section once again filled a full two days. The event took place at Park Community School, and the young entrants delighted both the audience and the adjudicator with some truly spellbinding performances. The adjudicator, Jill O'Hare, was completely taken aback by the high standard, particularly the key stage 4 solo actors, and by the end of the weekend no less than seven

honours certificates had been awarded. Many performers stood out but none more so than Grace Campbell who received Honours for her portrayal of Roxie Hart from Chicago and then, following a quick costume change, won honours again, along with Ewan Wharton, for their rendition of 'Song That Goes Like This' from Spamalot.

However, one young lady and her mother do deserve a special mention; Paige Wilkes, made festival history when she won the Sally Noble Bible Reading trophy. In doing so, she became the first person to win a trophy that had previously been awarded to her mother, Julia Burgess, in 1990.

On a slightly more lighthearted footing, Yasmin Ng, as well as receiving a Highly Commended and a Distinction for her prose reciting and verse reading, also picked up a special award for incorporating the number 100 into her performance, in honour of the Festival's centenary year, with her recitation of "The 100 Mile an Hour Dog". She beat off stiff competition from

Rebecca Wicks' fabulous cake and Jack Smith's moving recitation of 'Anthem for Doomed Youth' to win this once in a lifetime award.

As always, Park Community School, our venue for the festival surpassed our requirements, providing the technical support and changing facilities that help our event run smoothly.

#### Park Bites...

Year 9 students Jasmine Bone and Harli Dignum, both Sports Ambassadors, took two groups of 30 Year 4 pupils for dance. Jasmine and Harli embraced the challenge and took control, checking understanding, differentiating the work and sorting out the music.

They are two inspirational girls! Truely remarkable - Mrs Norman.

#### **SEN Car Wash**

SEN Assistant Miss Holland held a car wash in the school car park to help raise money for SEN.

The monies raised will go towards creating a tranquil and peaceful garden space.

Thankfully the weather stayed dry, and this encouraged drivers to hand over their keys! They managed to raise £94.







## A Little Night Music At Park Community School Saturday June 3rd

Canapés & Cocktails Cabaret Evening

Free welcome drink included

£25 per ticket Doors Open 7PM

Cash Bar & Raffle

To book tickets please contact Clare Miller: Email: clare@lastchanceworkout.co.uk Tel: 07775727351



#### Dear Colleagues

We recognise that school holidays can be a concern to parents for a variety of reasons, especially those who access free school meals or find themselves in financial difficulties.

We are delighted to announce that starting in the Easter holidays we can provide a two course meal, without charge, for children attending ALL schools in Leigh Park. Alongside this a team of volunteers will be providing some free activities.

The food, will be cooked by our own chefs, served in the restaurant from 12pm - 1.30pm.

Running in summer Holidays tool Please pass on this information to anyone who might want to come parents/carers are welcome to join their children.

Best Wishes

Susan Parish

Community Manager at

#### Recipe by Steven Cross, Head Chef

#### Spring Forward to Easter Hot Cross Buns

Spring has finally arrived and we are beginning the transition from winter into summer. The days will become longer and the nights shorter.

For me, Spring brings with it such exciting times and inspirational ingredients. Gone are the dark nights, icy winds, stews and casseroles and in their place come bright green colours, blossoming trees, buzzing bees and the sight of newborn lambs in the surrounding fields.

This recipe is an Easter classic, and great fun to make with all the family. They are a real treat and will last well in an air tight container. Try toasting them under the grill topped with some mature cheddar for a really different savoury feel.

#### Ingredients

- 1kg Strong Flour
- 1.5 tsp Salt
- 170g Caster Sugar
- 2 x 7g Packet of Fast Acting Yeast
- 2 tsp Mixed spice
- 2 Large eggs
- 500ml Whole Milk
- 90g Butter
- 2 tbsp Mixed Peel
- 150g Sultana
- 2 tsp Honey

#### What's coming up...

- GCSE Exam Season starts 2nd May
- EBP Big Bang Event Ageas Bowl
- Year 9 & 10 Parents Evening 11th May
- Park are hosting the 'Ebbage & Cottingham' wedding
- Volleyball Club Coaching
- Ben Ainsley Sailing and STEM activities with Land Rover BAR



#### Method

- 1. Preheat the oven to 180 degrees and add a shallow tray of boiling water to the bottom of the oven to create steam.
- 2. Put the flour, sugar, salt, mixed spice and yeast into a large mixing bowl, make sure that the salt and yeast are separated otherwise the salt will kill the yeast.
- 3. Put the butter and milk into a saucepan and warm the milk so that the butter melts, the milk only needs to be warm if it's too hot it will kill the yeast so be careful.
- 4. Once the butter has melted whisk in the eggs, add the warm liquid to the flour mix and begin to mix working into a dough, don't add all the liquid at once add in thirds (using a mixer and dough hook would help but otherwise get them arms working!)
- 5. The mixture needs to be soft and pliable and the dough needs to be kneaded well for 10 minutes.
- 6. Allow the dough to now rest and prove, once the dough has doubled in size remove from the bowl and knock the air out by kneading well again.
- 7. Portion your dough into 60g balls and place into a lined tray, the dough now needs to be covered with clingfilm loosely and allowed to prove for the second time (When placing the rolled dough balls into the tray allow a gap of two fingers space between them this allows for a good prove, you want them to join together slightly)
- 8. Now bake your buns for around 12-15mins rotating the tray if needed.
- 9. Remove the buns from the oven and it's time for the classic cross, mix 4 tsp of flour with some warm water and mix into paste.
- 10. Make sure the mixture is smooth and put your mixture into a piping bag, pipe the classic cross on top of the buns and return to the oven for 5 minutes.
- 11. Remove again from the oven and allow to cool, while cooling glaze the tops with warm honey for a shiny finish.

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