

much more than just a school

Park Post

much
more than
just a **school**

newsletter

Issue 15

February 2018

To Disneyland Paris and beyond...



Park Community School - much more than just a school

Middle Park Way, Havant, PO9 4BU | 023 92 489800 | www.pcs.hants.sch.uk



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Disney continued...

After a very early start on Tuesday 30 January we made our way to the Eurotunnel in Ashford Kent. The journey was smooth and uneventful on a beautiful, sunny, crisp winter morning. We arrived at the Hotel Kyriad in France about 5.30pm, the staff were super-organised and had all our keys ready. Girls were on floors one and two, boys on floors three and five.

After unpacking and settling in we went down for dinner, and after a very welcome lasagne and apple tart, we were ready to explore the Disney village. We caught a double-decker train to the station and when we arrived we caught our first glance of Disneyland. After an hour shopping and generally exploring we made our way back to the hotel and settled down to bed.

Wednesday started with a hearty breakfast and a short drive to the Disneyland Park. Here we spent the day sampling the delights such as Hyper Space Mountain, Pirates of the Caribbean and Buzz Lightyear Laser Blast. Those of us who like a gentler experience enjoyed 'It's a small world' and the carousel. It rained heavily all day but there was not a single complaint from any of the students. We all felt sorry for the actors in the parade as the rain was heaviest at this point, but they still managed to dance and perform with smiles for the audience. The evening was topped off by the amazing laser light and firework display in front of the castle. It was particularly spectacular this year as it marked the 25th anniversary of Disneyland Paris.

Thursday was the day to explore Walt Disney Studios. The highlights of this park were the Rock 'n' Roller Coaster and the Moteurs Action stunt show where we learnt some of the secrets of motoring stunts. Other high points were the Ratatouille 3D spectacular and the Star Wars evening light show projected onto the Hollywood Tower of Terror. Some of the students even had a go at being a Disney animator at the Art of Animation experience - we definitely have some budding animators to impress the Art department at school with!

Sadly our stay came to an end on Friday. As we drove from the hotel to the centre of Paris, we saw where the banks of the Seine had been flooded by recent heavy rainfall, all pleasure cruises were suspended because the river was so high the boats could not get under the bridges. As we drove we were able to see the famous sights of Paris such as Notre Dame Cathedral, the Louvre and Musee d'Orsay, Les Invalides and the Grande and Petit Palaces. Then we arrived at the sight we were all keen to see, the Eiffel Tower - a quick photo opportunity here and back on the coach for a drive along the Avenue des Champs-Élysées to see the Arc de Triomphe and then au revoir to Paris as we drove on to the Eurotunnel.

The Year 9 students were exemplary on this trip - they were polite, well-behaved and considerate to staff and each other.

Here are some student quotes...

Tom said *"I loved all the shops and Rock & Rollercoaster, also Pirates of the Caribbean was nice and beautiful. This trip was phenomenal, I would rate it 10/10, 5 stars, 100%."*

Disney - the students quotes

Maddie said *"It was so magical and definitely a dream come true."*

Tillie Mae said *"The trip to Disneyland this year was an unforgettable memory for me. The teachers treated us like adults & trusted us!"*

Libby said *"When we got to Disney Ms Bannard was so excited to go on the rides, it was funny because I never knew people got that excited about it!"*

Christmas Day review - Mrs Daughtrey

Our tables were brimming over with a traditional lunch, for 120 members of our community on Christmas Day. Each guest was warmly greeted, with games for the children and newspapers for our guests who welcomed the company.

We could not have offered such a wonderful reception without the funding received from many generous benefactors and the donation of presents, food, time and effort given freely by our volunteers. It was a magical day, one we are so proud to be a part of which makes a real difference to peoples' lives.



Communitas festive fun!

On Wednesday 20 December, Communitas took a group of students donutting in Southampton.

Donutting is basically sliding down a dry-ski slope on an inflatable ring – great fun especially on a cold winter's evening. Lots of fun was had by all, racing down the slope, being told not to bump into each other but doing it anyway.... because it's hard not to!

The students commented "It was scary to start with but then it was really fun", "It was thrilling and I'd love to do it again", "I enjoyed it and it was fun going down the slope at high speed."

Communitas Youth Workers (Stuart, Lisa and Sarah) can be found around school during lunchtimes and run an after school youth club for Years 7 & 8 on Tuesdays, 2pm-4pm.



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Horticulture trip to RHS Wisley Gardens

The trip to Wisley on 24 January was a complete success, despite the poor weather. The aim of the trip was for students to learn about horticultural training and the various horticultural careers that could be pursued after leaving school.

The tour of Wisley gave them an idea of what it would be like to work in the horticultural



industry. Our students were introduced to several horticultural apprentices (studying a level 3 diploma), who in turn gave them an account of their own reasons for following this type of career, how they got into it, and what the rewards were after qualifying.

Park students were given a guided tour (by Barney the RHS Education Officer) of the seed storage and research department, where they were shown all the processes of collection, storage and packaging ready for propagation. They were treated to a look in the behind-the-scenes propagation glass houses where valuable plants (under guard) were being propagated (in the same way we are doing it at school) and cared for.

Students were given a tour of all new show gardens and the developing alpine

glasshouses. This was truly remarkable - our students were very impressed.

Possibly the most exciting venue was the giant tropical greenhouse containing many plant specimens that completely dazzled our students, and showed them yet another side to horticulture. Whilst they were looking and marvelling at the hundreds of cacti, orchid, citrus and banana species (to name but a few), brightly coloured, giant butterflies floated in the air and frequently landed on their heads.

The school's links with Wisley are another building block for the success of students studying horticulture at Park. One that can inspire, motivate and guide them into a fulfilling lifelong career.



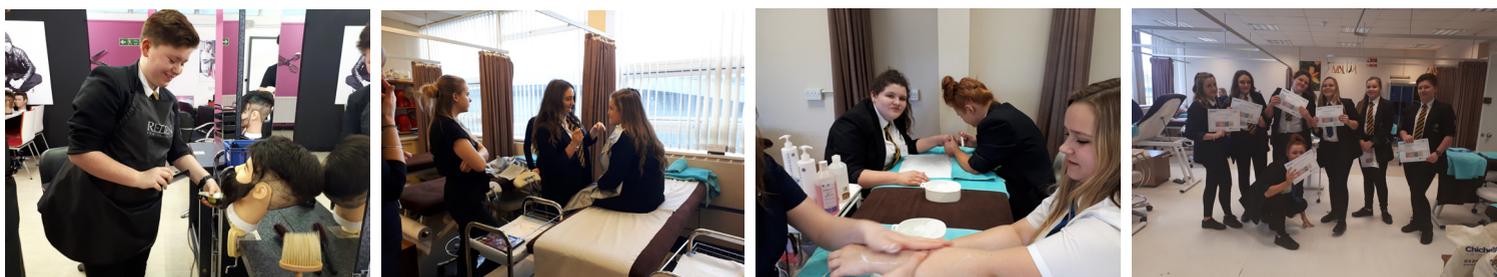
Indeed, Park Level 2 Horticulture student Katie has been called for an interview at Sparsholt College for a Horticulture Level 3 Diploma Course. With a letter of recommendation from Mr Bye recognising her as a top Horticulture student, we wish her every success at her interview.

Chichester College Hair & Beauty Trip - Mrs Williams

A group of Year 10 students were selected to attend a day at Chichester College's 'ServiceFest' on Hair and Beauty. Students had the opportunity to understand why this is one of the happiest jobs in the world!

Students put their skills to the test doing some barbering and hairdressing and had a taste of some of the Lee Stafford styles!

Students explored the beauty area with its many avenues that this fast growing industry has to offer and met the Chichester College therapist and make-up artist.



Oxford University visit - Mrs Munoz

Fifteen of our Year 11 students were chosen to visit Oxford University. The aim of the day was to inspire students to attend university and give them the chance to experience university life at one of the best universities around the world.



Our students had the opportunity to visit St Edmund Hall College, as well as the chance to take part in hands-on activities, and to meet and talk to students and staff from Oxford University.

Our students were absolutely blown away with the city and the University buildings.

Revision Technique Workshops - Mrs Munoz

Students from Year 11 are attending regular Revision Technique Sessions with Havant and South Downs College, where they are exploring how to develop their learning muscles and how to use the 4 R's in their revision.



They are learning why resilience, reflection and relationships are important while they are revising for their GCSE Exams.

A very useful exercise.

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Park students stand victorious in debate - Mr Folkins

Park Community School entered two teams in the preliminary round of the Rotary Youth Speak Competition on Wednesday 24 January and walked away with a victory! Competing against other local schools, a team of Year 10 students from Park were victorious after their exceptional presentation on 'Flaws in the NHS' – well done to Jasmine, Alfie & Logan.



With an incredibly well-rounded presentation, based on facts and focusing on ways to improve the system, the trio wowed the judges and audience and took home the award for the first time in Park history.

Park also had a very strong performance from their second team, where their presentation that focussed on the demands of GCSE exams left the judges and audience questioning the way things work and thinking about long term solutions.

All in all, a very strong outing from Park!

Alfie, Jasmine & Logan went on to compete in the District Competition along with other young speakers from teams across Hampshire. Although our team of Park Debaters did not win, the students put on an incredible performance and were commended by Rotarians and the audience for their presentation on flaws in the NHS.

Mr Folkins, English Teacher at Park, was extremely proud of the work they put into this competition.



Year 10 Successes at The 38th Annual Sports Awards - Mrs Wilson



Mrs Wilson had the pleasure to accompany Year 10 Students from Park Jasmine, Lily, Carly & Lilli to the 38th Annual Sports Awards at Havant Leisure Centre. Awards were presented by Elaine Shimbart, Mayor of Havant.

Park was victorious as Lily scooped an award for Young Volunteer of the Year whilst all four girls collected a Special Merit Award! Huge congratulations to all involved & Mrs Wilson was very proud of all the students and really impressed with Lily's acceptance speech.



Young Chef Competition - Mr Payne

Students, their families, teachers, Rotarians and judges gathered for the second stage of the Young Chef Competition on the morning of Saturday, 20 January. There were six students between the ages of 13 and 16 years taking part - three successful students from schools within the Havant Rotary Club area from Round 1 plus three from the Gosport Rotary Club.

The competition took place at Havant and South Downs College thanks to the kind offer from Paul and Kerry Mansfield. Thanks are also due to the judges who were Oliver Cliff from Emsworth Sailing Club, Tim Brookes from Brookfield Hotel and Simon Martin from Antonio's Restaurant in Fareham. The competitors were required to cook, in two hours, a healthy meal for two adults consisting of starter, main and dessert courses for a total cost of £15.



The judges complimented the students on the quality, individuality and presentation of their meals and also the professionalism with which they undertook the cooking challenge.

The results were:

- First place - James from Havant and South Downs College
- Second place - Izabella from Park Community School, Havant
- Third place - Joshua from Hayling College

Prizes and certificates were presented to all the students by Havant Rotary Club President, Jenny Edgell and Gosport Rotary Club President, Ray Drake.

James and Izabella now qualify for the Third District Round of the competition which will be held on 3 March at Havant and South Downs College.

Student really is cooking up a storm - Mr Payne



Some amazing news... Izabella who has recently come second in the Rotary Young Chef Competition above - also competed in the second round of the Springboard Future Chef competition and won!!

Izabella is now in the final in London! Huge congratulations, what an achievement!

More news to follow...



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A day in the life of... Students

Name

Marley Smith

Year Group

11

Position held

Technical Crew



A typical day in the life of me - there really isn't a typical day as a tech crew member, every event is different. Over the years I've undertaken very different tasks from being somebody who just moves things about on stage (boring, I know) to actually being able to run the lights or sound for a show independently.

How do you feel you make a difference in your role as Tech Crew member – everything you do in tech crew makes a difference, if we weren't here, there simply wouldn't be a show, or not a very good one because every show needs lights, sound and things being done on the stage!

Favourite part of your school day and why – Probably mentoring because it gives you a chance to relax after having lessons all day.

Least favourite part of your school day – Assemblies.

What would you like to be in the future - I haven't decided completely but I know I'm going to pursue a career in the theatre industry.

Favourite school lunch – pizza or chicken!

Favourite Teacher and why - Miss Holland, Miss Jelley or Miss Barrett because they'll have a laugh with you but teach you well too.

Name

Ethan Morris

Year Group

9

Position held

Technical Crew
/Lighting Operator



A typical day in the life of me! - doing things we would not be able to do in other schools, be able to do the lighting for shows in school and outside of school. We also help out the site team.

How do you feel you make a difference in your role as Lighting Operator – I feel I make a difference because I can help Mr Pennington teach how to do lighting to the younger members of Tech Crew.

Favourite part of your school day and why – Hanging around with my friends and getting to see them.

Least favourite part of your school day – Going into lessons and losing concentration because I get bored and start to do things other than my work.

What would you like to be in the future - Photographer

Favourite school lunch – Sausage Baguette

Favourite Teacher and why - Mr Roberson because he is so supportive of people and is just so kind. He also helps you work through things and gets you through.

A day in the life of.... Staff

Name – Aniela Bowman

Job Title – Head of Drama

Job Description – As well as the standard teacher roles I am in charge of writing Drama schemes of work, organising trips and workshops, delivering LAMDA lessons and organising exams, preparing students for GCSE/BTEC exams, analysing data, overseeing other teachers delivering Drama and directing school shows with the Performing Arts Department.



A typical day in the life of me – I try to always arrive early to ensure all resources, like scripts and worksheets are prepared, check that I am happy with the warm-ups I will be using for each class and ensure the space is clutter free, ready for the day. Each lesson is a bit of a whirlwind, trying to cram in all of the learning and assessment whilst still allowing time for students to work creatively and independently. I always try to allow time to share what we are proud of. Most days end with a rehearsal of some sort, especially during the winter term when preparing for the full scale show. During this part of the year I work with GCSE and LAMDA students to prepare for exam performances, as well as using P6 to complete one to one sessions for coursework etc.

How do you feel you make a difference – I like to think that I help the students become more confident, self-assured and articulate. I also like to try and provide a classroom where creativity and imagination are celebrated and where pupils get to challenge themselves to look at the world through many eyes.

Favourite part of the job – So much! I love working with young people, creating performance work and sharing my love of theatre!

Least favourite part of the job - When I want the best for a student but they don't want to push themselves to aim higher and think I'm a nag! Very frustrating!

Students learn the art of Public Speaking

Twenty students attended a Public Speaking Workshop, organised by the Girls Network. They discussed aspects of situations where it is really important to have a voice, not only when they are in an interview situation or work situation, but when they need to speak up for themselves. They rated their confidence level at the beginning and how they were at the end. They looked at the Communication Triangle, which is the basis of all discussion and public speaking.

Students were shy at first in answering questions, then became more confident and were attentive, positive and involved in the learning. The girls thoroughly enjoyed their first public speaking experience.



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Full pages of that v

was 2017 collage



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Step into Sport - Mrs Norman

Nine Park students had the opportunity to attend a fully inclusive sports event at the Mountbatten Centre working with six special schools and six other secondary schools.

The students looked at all aspects of leadership skills, communication and high quality inclusive sports. They had an introduction to sports mobility and looked at what a fully inclusive event looks like.

As always our students were attentive, enthusiastic and applauded for their involvement.



"Extremely impressed with Park students. Their knowledge is brilliant as is their enthusiasm" Kate Grey Paralympic swimmer.

We had a wonderful day and as always our students were a pleasure to be with.

Unlocking Potential Program - Mrs Norman



Two Year 11 students, Cain and Chloe have been working with Chris Weale, Leicester City FC ex-goalkeeper, on the Unlocking Potential Program. With Chris as their mentor, Cain and Chloe have devised a Social Impact Programme for 14+ students using sport as a support for mental health and stress management.

Cain and Chloe have put together a PowerPoint to show the Year 10 and 11 students in assembly (over 350 students!) and have organised a football match for 27 March between Year 10 and 11 students. They will then distribute the flyers.

This is all part of a national programme and only 72 students from the UK were chosen. So we are extremely lucky to be part of it.

Cain and Chloe travel to Guildford University in March to present what they have come up with already. An update will follow in the next issue of Park Post.

Mental health awareness

Places you can contact for support

J.L counselling in Havant
02392782987

Havant private counselling
02392987487

Psychology chartered
02392377399

FOOTBALL MATCH

TUESDAY 27TH MARCH





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Holocaust Commemorations - Mrs Daughtrey

Park Community Students attended the Holocaust Memorial Day Service at Havant Cemetery on Thursday, 25 January 2018 with Mrs Williams of the Humanities Department.

Our students presented a series of poems and prayers on the theme of 'The Power of Words' to a large crowd at Havant Ceremony, speaking articulately with poise and were a great credit to the school. They were privileged to listen to William Bergman, a holocaust survivor, who gave a talk about his experiences. His testimony will remain a powerful reminder to our students of the horrors so many experienced.



The Mayor, Cllr Elaine Shimbart was in attendance and enjoyed our students' poems and artwork, which were displayed at the function afterwards at the Havant Plaza.

Gala Concert 2018
Park Community School
Sunday 25th March 3pm
Tickets from 1st Feb. 023 9225 3737
chair@portsmouthmusicfestival.co.uk

The PMF is affiliated to
The British & International Federation of Festivals
www.portsmouthmusicfestival.co.uk



APPEARING LIVE



JAY JUPE

AND FRIENDS WITH DYNAMO YOUTH THEATRE



Live Music

Park Community School

MIDDLE PARK WAY, HAVANT, PO9 4BU

SATURDAY 24TH MARCH

Tickets available from The Spring Arts Centre
T: 02392 472700 W: thespring.co.uk
Tickets £7.50 (£2 for students)
Doors open 7pm



Park Community School is pleased to
be a venue for The Havant Music Festival



Park Post

Food Ambassadors' Club - Chef Cross

Over a six week period Chef Steve Cross is running a 'Come Dine with Me' experience with the Food Ambassadors.

The Food Ambassadors have already designed a menu as a group, and are now learning to prepare each dish in the school kitchen, before finally cooking and serving a three course meal for their parents.

The students have trialled their first two starter options

- field mushroom and

thyme veloute served with thyme and parmesan croutons and a classic prawn cocktail!



WHATEVER MOVES YOU

DO IT FOR

SPORT
RELIEF

Come and Join the PE Department

for a week of alternative activities

Monday 19th - Friday 23rd March

Primary Children's

MUSIC WORKSHOP

Saturday 17th March - 2pm till 4:30pm

at Park Community School, Middle Park Way, Havant, PO9 4BU

Experience playing different instruments
with the team from World Of Music Education
and Harpist, Alicia McGarvie.

Tickets £2.00 per child!

Limited Spaces so Advance Booking Essential
Tickets available only from Park Community School
Tel no. 02392 489811



Havant
Music Festival



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Winchester Dance Trip - Miss Raines

On 31 January a selected number of our Year 9 GCSE Dance students were invited to attend a workshop and performance at Winchester University. We were invited to be the first to see the Third Year Company Show. The University students showed us a variety of their show pieces and asked for our feedback and questions.

We then had a warm up and learnt some of the repertoire from the show. Park students were fully engaged and did a fantastic job. It's safe to say the University students were very impressed with how polite and talented our girls were! The Third Year Company Show entitled 'D@rwin' is going on tour and we were lucky to see it first!



Portsmouth University Revision Workshop - Miss Clarke

On Friday 26 January, Year 11 MFL GCSE students were invited to attend a revision day at Portsmouth University. The session was aimed at students on the Grade 5 border and the aim was to improve confidence in speaking, writing and memorisation techniques.

Many local schools attended and the workshops took place at the John Pound Centre in Portsmouth.

The students enjoyed a welcome speech by Paul Joyce, a lecturer at the School of Languages and also a representative from Portsmouth College which encouraged students to consider languages in further education and professions where they could use this skill.

The workshops were run by the PGCE Language trainee teachers at Portsmouth University who were full of engaging ideas for speaking and writing tasks, and pushed the students out of their comfort zone to talk to new people and gain confidence in these areas.

Students returned to school full of renewed focus in languages and a clearer idea of where their languages could take them and the steps needed as well as a morning full of emersion in to languages.

Essential Dates for your diary...

- Thursday 1 March - Year 8 Options & Futures Evening
- Thursday 22 March - Year 11 Parents' Evening (by invitation)
- Thursday 29 March - Race at Our Place
- Friday 30 March - Friday 13 April - Easter break
- Monday 16 April - School reopens

Family Affairs - Mrs Norman

Reward points so far for academic attainment and effort:

Austen: 6483/Dickens:5177/Brunel:5268/Nelson:4903

Six inter Family Competitions have taken place, ranging from Football to Art and even Pancake Flipping! two have been won by Nelson, two by Brunel, one by Dickens and one by Austen!

Watch this space for further Inter-Family events and Fair Trade Fortnight!

Literacy Boxes for Manilla with Havant Rotary

An amazing response as always from Park students. We completed a sponsored row last year and were able to send £250.00 to Havant Rotary to buy Literacy Boxes for the very poor children in Manilla.

Year 9 student Jorja was the fastest student in the sponsored row, and Jenny Edgell, President of Havant Rotary Club, presented to Jorja and the other students a certificate of appreciation.

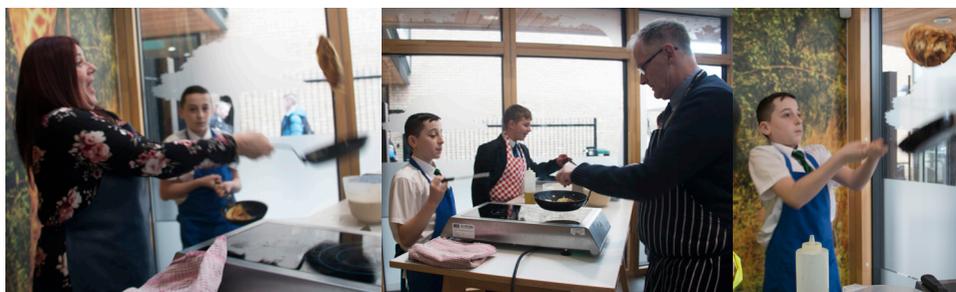
Very well done to all students involved!



Pancakes earn points!

Staff and students took part in a pancake flipping competition to earn points for their Family - the competition was held during lunchtime so they had a huge audience cheering them on!

Overall winners were the Austen Family!



What's coming up...

- Trip to Cass Sculptures Year 11 students - February
- Fairtrade Fortnight - February
- Rugby Refereeing Workshops & Tournament - March
- Bedales Dance Trip - March
- PeaceJam Conference - March
- Trip to Haymarket Theatre to see 'Teechers' - March
- Celebration of International Women's Day - March
- Trip to SSE Women's FA Cup Final - May



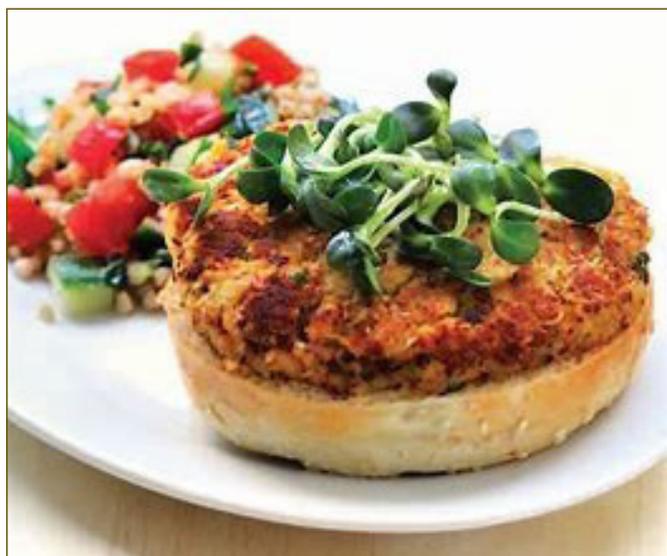
Recipe by Steven Cross, Head Chef

Healthy living with Park's big green chick pea and cheese burger!

After the indulgency of Christmas it's time to start shedding that winter weight and begin the new year with new you preparations.

For me this little veggie number was an instant hit for all the family and really packs a punch! It's healthy, super tasty and will really fill you up.

The carnivores among you may doubt this, but give it a try and I promise you will be pleasantly surprised. This burger serves up just as much protein as its normal beef or chicken counterpart, is low in saturated fat and low in cholesterol.



Ingredients

- 400g canned chickpeas, drained and rinsed
- 200g courgette, grated
- 200g baby spinach
- 100g gruyere, grated
- 100g feta, crumbled
- 100g breadcrumbs
- 1 egg, beaten
- 1 large onion, chopped
- 2 cloves garlic, crushed
- 1 tablespoon tahini paste
- 3 tablespoons olive oil
- 1 teaspoon cumin seeds
- ¼ teaspoon cayenne pepper
- 2 tablespoons fresh coriander, chopped
- ½ tsp sea salt, to season
- 1 pinch black pepper, to season
- 1 dusting plain flour

Method

Heat 1 tablespoon of olive oil in a frying pan, add the chopped onion and cook over a medium heat until tender but not coloured.

Add the garlic, spinach, cumin seeds and cayenne and cook for another 30 seconds. Remove from the heat.

Tip the chickpeas into the bowl of a food-processor and blend until coarsely chopped. Add the onion mixture, tahini paste and coriander, and blend again until combined and nearly smooth. Tip into a large bowl and add the grated courgette, beaten egg, breadcrumbs and both of the cheeses. Mix together using your hands and season well with salt and freshly ground black pepper.

Shape the mixture into patties and lightly dust in plain flour. Heat the remaining olive oil in a large frying pan, slide the burgers into the pan and cook until golden on both sides.

Serve in toasted buns or on its own with lettuce, tomatoes, onions and avocados.

On the side, accompany with a dollop of soured cream, hunk of lime, tomato salsa or pickles of your choice.

Preparation time: 8mins
Cooking time: 14mins
Serves 4