

much more than just a school

Park Post

much
more than
just a school

newsletter

Issue 21

April 2019

RACE AT OUR PLACE!

Our annual 'Race at our Place' is in its 6th year. As a school and a community it is a very proud day for everyone. Around 1000 students and staff took to the streets to either walk, jog, run or help marshall the race from Park Community School to Leigh Park Gardens and back again in a wave of pink t-shirts. The race is in support of anyone that has been affected by cancer and to raise money to help find a cure.

It is a very emotional day for many staff and students who have lost loved ones or been affected by cancer and the public support along the race route makes it all the more special.



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SCIENCE WEEK!

The theme of this year's Science Week was 'Journeys'. What better journey could there be than to travel to another planet to investigate live and explore? Years 7 and 8 were tasked with just that – what would they need to do to survive on the Martian planet? Students researched Mars: the soil, temperature, landscape and the fact that there is less gravity on Mars than on Earth. What would that mean for building and living in a very different environment?

Both year groups approached the project with enthusiasm and creativity. In class we watched the Mars Rover explore the surface of the planet so students were able to see where they could build their new living spaces. Students overcame obstacles such as how to get oxygen, grow plants, keep animals and entertain people on an uninhabited planet. As pioneers they designed and built a range of brilliant, interesting structures perfect for inhabiting the Red Planet.



Some students tackled the problem of travelling to Mars, looking at weightlessness and how to perform simple tasks like cutting nails, sleeping and going to the toilet in space!

Overall, both year groups did a fantastic job and had fun thinking about, designing and building a new civilisation in space.



Hampshire & Isle of Wight Air Ambulance experience

Students had the opportunity to work with the Hampshire and Isle of Wight Air Ambulance and to really understand what their job entails.

They began with planning their journey as they would before any call out, this meant reading maps and calculating bearings.

The students then had to arrange and sort out their kit bag to ensure they have everything to hand. This usually takes two minutes for the professionals, it took our students slightly longer! They also had to measure out the right amount of medication required to sedate the patient.

Once this activity was completed, volunteers were chosen to role play as a paramedic on the Air Ambulance. They were allowed to wear the uniform and looked very smart. They commented on how heavy the bags were!

They then had to assess the situation and 'scoop' the patient onto the board, strapping them in using spider straps! The whole group lifted the patient to be wrapped in bubble wrap to keep them warm!

It really was an amazing session and the students gaining vital experience of how important the Air Ambulance are and how crucial their services are to saving lives.



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GCSEs are coming!


Good luck to Year 10 and 11 students (and their parents) who begin their final GCSE exams next half term. The time will inevitably fly by and whilst exams do bring pressure, they are also a chance for our students to show how much they've learnt and how far they have come. They are ready for this.

Over 100 parents have attended one or more of the GCSE Revision events this year, which bodes very well for Year 10 and 11 students. Thank you for supporting revision whether it is at home or by coming into school. We know this makes a difference.

Students have been working extremely hard and know a range of revision strategies they can use to support them with their learning. The revision they do between now and the exams will make a huge difference.



What can I do to help?

- Revision classes: Over Easter, there are a range of Revision classes running. Please encourage your child to attend. All parents have been texted a link to the timetable and students have been emailed.
- Revision timetable: Make sure your child has created a revision timetable. You can download a proforma from our website in the Revision and Homework section.
- Test them: Encourage your child to plan their revision for each subject and help them remember once they've completed each session. The more we practise remembering, the more the information sticks.
- Take breaks: Make sure your child takes regular breaks and gets outside during the Easter break too. Regular snacks to keep energy levels up are also important.
-  Encourage them to use GCSEpod. They all have logins for this and many teachers will have sent them personalised playlists. Links are on our website, in the students shared area and can be found on the page opposite.
- Encourage them. Please also return the Good Luck postcards you will be sent soon. We will give these to students before their first exam and display them where they can be reminded of your best wishes before each exam.

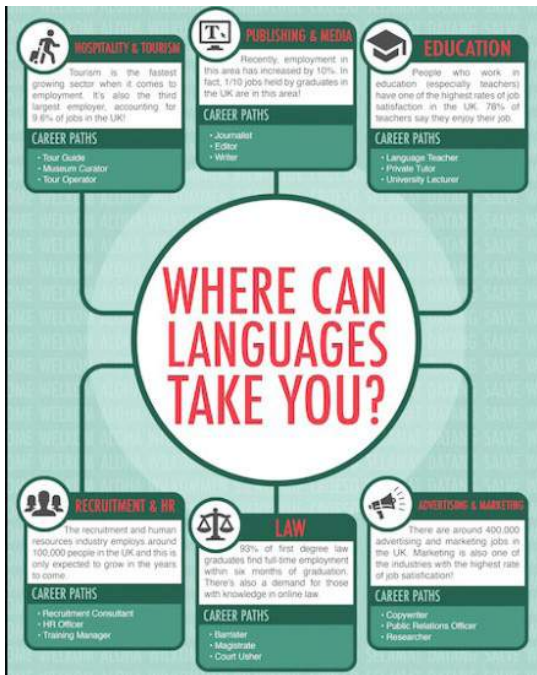
Easter 2019 GCSE Revision Classes

Mon 8 th April	Tue 9 th April	Wed 10 th April	Thu 11 th April	Mon 15 th April	Tue 16 th April
Y11 Maths 9:30am-12pm C11	Y11 Art 10am-2pm S01/2	Y10 (+11) English Literature 9am-11am Y01-7 & C08	Y10 Dance 10am-2pm KAS	Y10&11 Computer Science 9am-1pm J04	Y10 &11 Geography 9:30-12:30pm J05
Y11 Spanish Speaking 10am-3:30pm C07	Y11 Photography 10am-2pm S03/4	Y11 English 11am-1pm Y01-7 & C08			Yr 11 Music 9-12pm K02
Y11 Tech F03 12pm-2pm	Y11 Spanish Speaking 10am-3:30pm C07	Y11 Art 10am-2pm S01/2			
Y10 Dance 10am-2pm KAS	Yr 11 Science 10-11.30am G01	Y11 Tech F04			
	Yr 11 English K0y 12-2pm Y07				

Modern Foreign Languages

Did you know that learning a language has been shown to add between 10–15% to your salary, according to language specialist recruitment agency Euro London?

Did you know that Park has been an International School since 2014? We have more than 8 international topics in our school curriculum.



Although each Spanish region, and even city and village, has its own particular customs and practices during this time of year, Semana Santa celebrations are nowhere else more elaborate and spectacular as they are in Andalusia, the sunny south of the country.



Here, the most important Catholic holiday is commemorated with a week full of colour, art, religious fervour and extravagant processions. The most spectacular events take place in Malaga and Seville, where the streets are taken over by flamboyant parades and intricate religious displays depicting biblical scenes. Like everywhere in Spain, the festivities begin on Palm Sunday (Domingo de Ramos) and last until Easter Monday (Lunes de Pascua), with the most dramatic and passionate parades held on Maundy Thursday and Good Friday. In Malaga, Semana Santa is celebrated with various religious and military parades accompanied by music, inviting incense and floral scents, as well as lots of colour and cheer.

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Park Community School gains Leading Parent Partnership Award



Leading Parent
Partnership Award

2019–2022

Park Community School is very proud to have attained the national Leading Parent Partnership Award. The Award recognises our significant achievements in working in partnership with our parents and wider community. The award recognises the Park community School has:

- Clear vision and commitment to working effectively with our parents and wider community.
- Is warm and welcoming to everyone who visits.
- Promotes the participation of all parents in their children's learning.
- Provides many opportunities for joint parent and child participation, as well as parent learning.
- Has very supportive induction procedures for all of our students and their families, including for those joining us 'in-year.'
- Gives parents comprehensive guidance and information to help them support their children's learning throughout their time with us.
- Creates strong home-school links to improve children's attendance, punctuality, progress and positive participation in school.
- Offers comprehensive preparation for leaving Park for college, apprenticeships and successful future careers.

An excerpt from our final report reads as follows:

"The overall strength of Park is that it is ahead of its time in that it addresses the issues that schools often face when some, often many, members of the community it serves feel alienated from education and opportunity. Park meets this head on with its determination to meet its vision, 'Success for All through Attainment, Resilience and Autonomy', by developing its students through a strong partnership with parents, by taking the school out into the community, and bringing the community into the school.

The school provides a curriculum which, as described by a parent at verification, "Meets the real needs of the students". Parents said that "As a parent your voice is heard". This was clear in conversation with the staff who summed it up succinctly, "We are all in this together". The students who contributed to the verification were articulate, clear about how the school works with their parents, and proud to be 'Ambassadors' for Park. In addition, pastoral care and support to the students and their families is impressive and was endorsed by parents at final verification."

Headteacher Mr Christopher Anders commented:

"We are therefore very proud to have achieved this award. It is a strong, nationally recognised, validation of our extensive work to engage our parents".

What Parents Say....

What Parents Have Said in Our Annual Parents' Survey:

As usual we conducted our annual parents' survey during Student Review Day on 14th February. Many thanks to everyone who took the time to respond. As last year, nearly 200 of you gave your feedback on what we were doing well and what we need to continue to improve.

4 out of 5 agreed that:

- 'I receive valuable information about my child's progress.'
- 'The school provided good support to help my child settle into life at Park.'
- 'The school is well led and managed.'
- 'The school is good at encouraging students to support the wider community as active, helpful citizens.'
- 'The school provides a wide range of trips and extra-curricular activities.'
- 'The school responds well to any concerns I raise.'
- 'The school's values and attitudes have a positive effect on my child(ren)'
- 'My child is happy at Park.'
- 'My child is making good progress at Park.'
- 'My child is well looked after at Park.'
- 'I would recommend this school to another parent.'

Comments on the best things about Park included:

- 'I appreciate the wide range of opportunities on offer.'
- 'The school is clearly dedicated to bringing out the best in the children.'
- 'There are a lot of brilliant teachers, as well as good food and great facilities.'

There were very few suggestions for improvement, they included:

- 'Refining the organisation of behaviour sanctions.' We addressed this by introducing a simplified approach last half term. The details were explained in a letter to parents from Mrs Capaldi in February.

Another suggestion related to monitoring homework. We agree that homework is vitally important to each student's success, especially in the new, more challenging GCSEs. We have reminded staff of the importance of logging homework on MILK. We are also planning improvements to the students' section of the school's intranet site so that it includes more support materials for both homework and revision. Your own interest and involvement in your child's homework really makes all the difference.

Remember, our surveys are anonymous. If you make a comment about a very specific concern we won't know who to get back to. If you have any individual concerns remember that the first person to contact is the class teacher or group mentor. If necessary, the next person to contact would be your child's Head of Year or Welfare, Support & Guidance Manager.



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Tapas & Tango written by students Fox & Charlie

Our journey began on the famous Park coach. Everyone was eager to try out new foods and best yet enjoy a performance in The Peacock Theatre watching Tango Fire!

Arriving at Pix Pintxos Tapas Bar, there were a variety of new foods to try! Some of us played games while eating new and exciting flavours!

The monuments were extraordinary to view on our journey to the theatre. The rain was a hassle to us, yet it did not lower our spirits! Once in the theatre, we all gathered for conversations amongst ourselves. Those who brought money to the trip even got some memorabilia! The dancing was soon to open, and we all were ecstatic! Once we were all seated, we watched several performances of passion, grace, and ambition. The energy in the performance was exquisite! After an interval, some got drinks to quench the stage-light thirsts.

Once the performance continued, it never lacked a single detail, mishap, or slip, even though it was 9:00pm!



World Water Day

One hundred students from Year 7 had the opportunity to visit Staunton Country Park to work with Hampshire County Council and Portsmouth Water on a World Water Day project – 'Responsible Citizenship'. World Water Day is an annual UN observance day that highlights the importance of fresh water. The day is used to advocate for the sustainable management of fresh water resources. Our students learnt 'whoever you are, wherever you are, water is your human right'. The students were commended for their excellent participation.



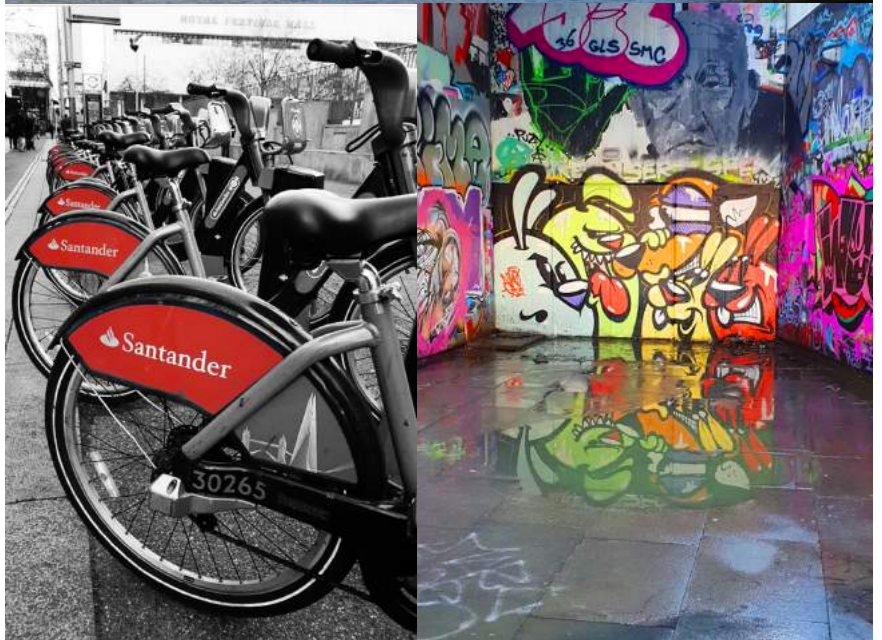
London Photography Trip

After days of bad weather the sun decided to shine on London ready for our photo shoot. We started on the South Bank exploring the unusual combination of architecture and building work before arriving at the skate park. The wet surface meant that there was no one skating but the puddles made for great reflection photos which really showed off the vibrant colours and graffiti that cover the park.

After a short walk over Waterloo Bridge, which provided a stunning city skyline, the next stop was Covent Garden where there were lots of photo opportunities. From tourists taking photos to the oversized Christmas decorations, we also stumbled across a film crew filming around the giant Christmas Tree and a live opera singer with an incredible voice.

Final stop was Trafalgar Square where we enjoyed and even joined in some street performances and viewed an array of street art chalked onto the large paving slabs, the messages about homelessness and pollution were in contrast with the performers doing acrobatic tricks over members of the public.

Finally we returned to Waterloo for the journey home to look at our photos and talk about a great day.



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New York 2019!

This February saw Park's third visit to the Big Apple and once again it was an amazing trip with the students being an absolute credit to us all.

The visit included the iconic sites of the Empire State Building, Rockefeller Centre, Statue of Liberty, Central Park and the American Museum of Natural History. Our night time exploring



took us to Times Square, Grand Central Station and the New York Library. We also took a visit down town to the financial district to visit the site of Ground Zero and the 9/11 museum which was incredibly moving. Our busy schedule still left room for plenty of shopping in stores such as Macy's and Bloomingdales, and as well as lots of walking we also managed to fit in a trip on the subway. Some of us enjoyed an evening of basketball at Madison Square Garden, others saw 'Aladdin' and 'Chicago' on Broadway. We had cold but beautifully sunny weather,



but the highlight was a day of snow - to see Central Park covered in a blanket of snow was a real experience.

Year 11 Student Karl said: *I was mesmerised by the how big the city of New York was, as we arrived, Mr Roberson said "look to your left guys that's New York City" we all looked out of the coach window seeing how unreal it was. It was amazing how the city never stops it's busy 24/7, it really does live up to its name 'the city that never sleeps'. Visiting the Rockefeller Building, Statue of Liberty, American Museum of Natural History where "Night at the Museum" was filmed and the view from the Empire State Building were highlights for me, as we were walking on the deck outside it was full of snow! Visiting Ground Zero was heart breaking to see and to hear the stories. My favourite memory of the trip was throwing*



a snowball at Ms Bannard's face because she decided to put her cold hands on my face - revenge was sweet for me! Thanks to all the teachers that made this trip a memorable one, thanks very much.



Year 11 Student - Shea-Hope said: *It was truly amazing. The thought that went through my mind was 'I wish I could go again as I loved every minute of being in New York. It was truly a great experience for me. I would like to thank all the teachers that organized the trip and I hope that anyone who goes next year will have as wonderful an experience as I had.*

Child Poverty by Year 10 student Charlie

I am going to be writing about child poverty. Searching online, I found articles about baby banks to pensioners. These articles are saying that Britain is becoming more bankrupt, but the government are saying '300,000 fewer children are living in absolute poverty than in 2010' but the contrasting evidence shows that 'there has been an increase in users in baby banks.' I personally find this news appalling and I think that new mothers should not have to rely on baby banks for necessities for their new born children.

I also read another article about primary school children going hungry and about their struggles during weekends and half terms. This should not be happening either but...

In our local community we usually don't get that as Park Community School runs the MUNCH project, in which companies give their excess stock to Park and the chefs at the school make a nutritious three-course meal. The kitchen staff make these meals for Thursdays, half terms, summer holidays and Easter holidays. When I had attended these meals, I had interviewed people and they said 'during half term the cupboards can get quite bare but thanks to MUNCH, our cupboards not as empty.'*

* the person whom I interviewed wanted to remain anonymous.

Well that's my word on the situation but if you have your own words about it, feel free to email me: 15c.dean@pcs.hants.sch.uk and on that note - Charles Peters out!

Rock Challenge

On Monday, 11 February, 65 students competed in the national competition Rock Challenge 2019 which was held at Portsmouth Guildhall. The students, which included dancers, actors and stage crew, had worked tirelessly for months in preparation for the competition and they did not disappoint!

Although we did not win, the feedback from the judges was brilliant and we did win three awards for Best Set and Function, Best Characterisation and Entertainment.

A great day had by all staff and students.



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YES! YES! YES!

Young Explorers Squad has been created and funded by Postcode Publications to provide a range of experiences, opportunities and activities to encourage students to look 'outside the box', expand their expectations and gain knowledge in order that they can make informed future life choices.

Peter Ashley Activity Centre

It was unusual for the Young Explorers Squad to meet early on a Sunday morning, but all students arrived full of enthusiasm. Students had an amazing time enjoying games of laser tag outside in the moat and rock-climbing indoors at the centre.

The staff at Fort Purbrook generated three new obstacles which they will implement in the future through watching our students. Laser quest was a big favourite with our students wishing they could stay longer despite the freezing temperatures.

This was mission accomplished for the YES! Project, students were out of their comfort zone, seeing something different, socialising with others and having a great time.

Top Spot Snooker Hall

On Saturday 19th January we met as a group at the Top Spot Snooker Hall in Park Parade. We were fortunate to have the place to ourselves thanks to the owner Jason, who opened exclusively for our students. The main objective was to ensure that all 18 students and staff in attendance played and competed as much as possible with each other, which averaged out at six games per student.

The focus for this trip was the learning of social skills and co-operation. Teachers also used the game to improve students' maths skills.



Houses of Parliament

Students enjoyed their latest YES! trips to London and The Houses of Parliament in March.

Our students had an informative tour of the Houses of Parliament and learnt about the three different parts of Parliament: The House of Commons, The House of Lords and The Monarch. They also learnt about the work of MPs and the role of members of the House of Lords.

Our students said that they enjoyed working away from the classroom. They found it 'exciting', 'practical', 'motivating', 'refreshing' and 'fun'.

They made such comments as:

- 'You see rather than listen.'
- 'We learn in a fun way.'
- 'We like learning by doing.'

Our students also enjoyed a walk along the Thames and a visit to the London Eye. Some of the students had never been to London before and were in complete awe of their surroundings.

Thanks to Mr Roberson, Mr Bunce and Mrs Sykes for accompanying our students. Here's to the next trip . . .



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World Book Week

Across the school this year we have been reinforcing the fact that reading is a key skill for life and that there is a book out there for everyone to enjoy, you just have to find the right one!

Thursday 7 March 2019 was this year's World Book Day and this year we decided to extend the celebrations into a whole week of activities to promote reading for pleasure to our students. For Park's reading week, the restaurant was transformed into a spectacular scene with book cover bunting, book steps and a reading corner for our first ever 'Read-aloud-athon'. Our mission was to have someone reading aloud for the whole week during school hours in the restaurant. The 'Read-aloud-athon' was a huge success with over 50 members of staff and a range of students reading aloud for over 29 hours during the week. It was fantastic to see the wide range of texts and audiences for this event as well as some reading in French and Spanish during languages lessons.

On Wednesday, we set up a pop-up book shop in the restaurant where every student in the school was given a free book to enjoy. Alongside this, we had a book giveaway where students were able to select as many books as they wanted from a wide selection. It was amazing to see so many students leaving school with new books to enjoy.

Students were also able to share their reading skills with wider audiences with some Year 8 students reading to the Nursery children each day and some Year 7 students going to read to elderly members of the community in local residential homes. In both cases our students were incredible, adapting their reading style to suit the needs of their listener and taking time to get to know them too!





Another highlight of the week was the 'shelfie' competition where mentoring groups had to look at a range of photographs of bookshelves and guess which member of staff they belonged to. Students and staff became fiercely competitive and used their problem-solving skills to guess the correct answer.

Overall, it was a brilliant week with staff and students remembering the importance of reading but also celebrating the enjoyment that reading for pleasure brings.

During reading week:

- 10 students read to nursery children for a total of 1.5 hours
- 15 students went out to local elderly residents' homes to read
- 27 staff 'shelfies' were shared
- Hundreds of books were taken from our book stall in the restaurant
- Over 900 world book day books were given to students
- 55 members of staff read aloud for 29 hours in our 'Read-aloud-athon'



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Family Affairs

Reward points so far for academic attainment and effort:

Austen: 13,783/Dickens:10,792/Brunel: 10,617/Nelson: 13,805

Student Recycling



It only took one student, Noah from Year 8, to mention to the Student Voice Forum about recycling and immediately the Student Voice went into action with each prefect going to see different members of staff about what we can do about recycling.

Year 9 student Matthew spoke with Mr Pritchard and Mrs Parish about getting recycling bags into the classroom and huge bins in the restaurant.

Year 9 students Peter, Adam and Jack have been working with Mr Mokgethi about making plastic fish to go on top of the bins. Year 10 student Lewis sent Blue Planet videos to the Family Leaders for assembly,

trying to raise awareness to the students.

Also, all the Sports Ambassadors are going on a beach clean in Southsea....and a beach clean in Leigh Park ...thanks to Year 9 student Josh for highlighting this problem

Once again, the students do everything with enthusiasm and commitment.

Student Voice - Unloc Forum

Six of our members of the Student Voice represented Park at the Hampshire Conference alongside students from other schools in the Portsmouth, Gosport and Fareham areas.

We had many activities discussing themes like how we set up our school council, decision making processes and strategies we use to be successful at Park, including how we changed our reward system and school trips choices. We also discussed our recycling initiative and how we would like to improve this. We set ourselves this challenge for March.

We also discussed our behaviour policies and how we will make some suggestions for improvement to our senior management team. We were praised for our group involvement and will be proud to represent the school further on the 4th July.



Ball Skills & Dodgeball Circuit

Twenty of our Year 7 and 8 students were once again amazing working with severely disabled and special needs students. We delivered a ball skills circuit to 18 schools, including Redwood Park, Cliffdale, Great Oaks, and The Harbour School. Every school commented on our students' kindness, ability to differentiate, empathy and positive spirit.



"What a brilliant job your Sports Ambassadors do! They are brilliant teachers!" commented a teacher from Redwood Park as our wonderful students were managing the officiating for a Dodge Ball Competition at Havant College. Our students were enthusiastic, helpful and knowledgeable and developed superb relationships with the other students,



Step into Sport - Leadership Skills

Sports Ambassadors attended the Step into Sport Inclusive Leadership day along with eight other secondary schools. Students were fortunate enough to work with Toby Gabrett, Olympic Gold Medal triathlete. Our students learnt a variety of leadership skills with Portsmouth University and Chichester University.



SWAP Health & Wellbeing Programme

I am Harrison, an ex-student from Park and now a Wellbeing Adviser at Nuffield Health in Portsmouth. We have been running a school wellbeing activity programme with students from Year 7. The programme has been arranged to help school children have a better understanding of wellbeing as well as looking at the effects of poor diet and lifestyle choices. The SWAP project breaks down into four topics....

- How I move – focusing on physical activity.
- How I eat – focusing on sugar content, hydration, fruit and vegetables.
- How I sleep – focusing on sleep, sleep hygiene and screen time.
- How I feel – focusing on emotional wellbeing.

We are over half way through the programme and the students have made simple changes to their wellbeing such as swapping sugary snacks for healthier options, trying to drink eight cups of water a day and becoming more active.

It has been a pleasure working with the students who have put 100% into the class workshops and the exercise classes to get the most out of SWAP and I hope they pass their knowledge onto friends and their families.



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Year 7 Boys Football Team

This term has seen some fantastic performances from the Year 7 boys Football Team. They played Horndean in the first round of the school cup, which ended in a 4-0 win! They then went onto beat The Petersfield School with another amazing performance resulting in a 6-0 final score and were put through into the semi finals!




Unfortunately, the result did not go our way in the semi finals and we were beaten 8-1 by a very good Purbrook side. The boys battled until the end and have been a real credit to Park throughout the season. Please congratulate them on their success!



PE After School Clubs next term

BADMINTON CLUB



Tuesdays at 3pm
In the Sports Hall
Everyone welcome!
See Mr. Loader



Basketball Club
All years
Monday 3pm
Sportshall
Get your dunk on!!
See Mr Cavanagh
for more details



Trampolining Club



Thursday
3pm - 4pm
Year 7 and 8
Sign up on PE
office door

Lecture
Theatre
SEE MISS SMITH

CHRUNCH



A 'Pop Up Foodbank' in our Dickinson Centre was created so no one in our community need go without food at Christmas. This project was funded by The FatFace Foundation and carried out

by the Community and Facilities Team at Park Community School and volunteers from the PO9 Foodbank. The food order was staggering, with over 50,000 items ordered from Asda.

Students experienced what it was like to work at pace, alongside lots of the FatFace staff volunteers. We are very proud of our Year 7 students who helped fill boxes at the FatFace packing line.



We were overwhelmed with the response from our local community, with over 250 feedback forms received with comments such as *"It's been a lifeline and has helped beyond words. It has taken away some of the stress and worry trying to provide"*.



Our MUNCH project continues to provide a free two course meal in the school holidays for ANY child in the PO9 postcode whose circumstances might mean that receiving a free meal is necessary. For more information, please contact munch@pcs.hants.sch.uk.

Dickens Festival of Christmas

Mr Waterfield took six Photography students to the Dickens' Festival of Christmas in the Dockyard. Students were amazing ambassadors for the school and not only performed as Fagin's gang of street urchins, but also took some great photographs in the style of the originator of British Photography in the 1850s - Henry Fox Talbot.



Holocaust Memorial

Year 9 students Josie, Charmi, Kurtis, Josh, Harvey and Avalisee read poems to a large crowd at the Holocaust Memorial Service at Havant Cemetery on 25 January. Our students enjoyed a reception at the Plaza, where our work was displayed and were a credit to the school, meeting with various councillors and dignitaries, including the Mayor of Havant.



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Oxbridge Event

On Friday 11 January we were delighted to host Alan Mak's 'Havant Oxbridge and Universities Conference 2019.'



Four universities were in attendance and the schools were involved in lectures and workshops centred on university topics such as:

- Apprenticeships Vs University Vs Work
- University Life (Accommodation/Societies/Money)
- The UCAS Application
- The Oxbridge Application Process

Huge thanks to all the visiting schools and universities for taking part in what was an enjoyable and informative morning.

Oxbridge Event

It was a real honour to host the Lord Mayor of Havant's Civic Day on Thursday, March 7. Mayors from across Hampshire, along with their consorts and guests, joined The Mayor of Havant, Cllr Peter Wade to enjoy a presentation, tour and performances by our students. Our 30 guests then visited both our Park Market Garden and Park Design & Print Enterprises.



Essential Dates & Payment Deadlines for your diary...

- Tuesday 23 April – School reopens for Summer Term
- Monday 6 May - Bank Holiday - school closed
- Thursday 9 May - Year 9 & 10 Parents' Evening
- Monday 13 May – Public Exam season starts
- Friday 24 May - Year 11 - Deadline for Prom tickets - Last day of half term

Visit from Secretary of State

A warm welcome was extended to The Rt Hon Damian Hinds MP on Friday, 1 February. The Education Secretary visited Park Community School to meet business leaders, local Secondary School Headteachers and College Principals to discuss raising standards, funding, teacher retention and helping students succeed.

Visits such as these serve to show how our efforts at Park Community School to be Much More Than Just a School are putting us firmly on the map at a senior government level.



Are you a graduate? Interested in teaching?



Teachers change lives every day.

If you want to make a difference and enjoy a *rewarding, challenging* career with *flexibility, variety* and *job security*, find out more about primary and secondary training with The Solent SCITT.

If you would like more information about teaching and how to apply through UCAS, contact Phil Seery at info@thesolentscitt.co.uk

Tel: 02392 489 819
www.thesolentscitt.co.uk

The Solent
SCITT
School Centred Initial Teacher Training



Are you eligible to claim free school meals for your child?

Eligibility for free school meals depends on the circumstances of the parents or carers. A child is eligible for free school meals if their parent or carer receives one or more of the following benefits:

- Income Support
- Income-based Job Seekers' Allowance
- Income-related Employment and Support Allowance
- Support under Part VI of the Immigration and Asylum Act 1999
- The guaranteed element of State Pension Credit
- Child Tax Credit, provided you are not also entitled to Working Tax Credit, and have an annual gross income, of no more than £16,190 as assessed by Her Majesty's Revenue and Customs (Parents who are made redundant or start working less than 16 hours per week, may find their children are entitled to free meals for a limited period)
- Working Tax Credit run-on - paid for 4 weeks after you stop qualifying for Working Tax Credit
- Universal Credit (provided you have an annual net earned income of no more than £7,400, as assessed by earnings from up to three of your most recent assessment periods)

It's really important that if your child is eligible for free school meals you should claim, as our school receives additional funding, the Pupil Premium, for every pupil registered with the council. This funding makes a significant difference and is used to help raise pupil achievement and provide a broad curriculum and opportunities for our pupils.

Checking your child's eligibility for free school meals is quick and simple using the online checking facility <https://www.cloudforedu.org.uk/ofsm/hants>

You will need the following information:

- Your own name, date of birth, and contact details
- National Insurance number or National Asylum Seekers number
- Child's name and date of birth
- School your child is attending or will attend

If you need any help, please contact Mrs Hennessy at reception who will be able to assist you and answer any queries you may have.

The more free school meal funding a school can attract the more opportunities it can offer students, for example see overleaf The Big Healthy Breakfast FREE for ALL students.

LACA School Chef of the Year 2019

We are delighted to announce that our Head Chef, Steven Cross, has scooped the national title of LACA School Chef of the Year 2019, after the final which took place on 7 March at Stratford Upon Avon College, Warwickshire.

He was one of two wild card entrants awarded a special National Final place and won with his main course of Rocking Moroccan Chicken (marinated chicken chargrilled and served with homemade Moroccan flatbread and roasted harissa vegetables garnished with mint yoghurt, nasturtium, chilli and mint). His dessert was North African Rosewater and Cardamom Cheesecake accompanied by bloody orange, chocolate and mint.

Steven said:

"I am so proud to have won the National Title. With the standard and skill level amongst this year's finalists being so high, I felt it was an achievement in itself just getting through to the national final, let alone being able to compete with such a talented group of people. All of this just goes to prove what a good job school chefs do, day in, day out, up and down the country in providing tasty, nutritious meals for millions of children."

"I am fortunate to be part of a great team within Park Community School, all of whom have supported me throughout the competition. I hope that this amazing achievement will also serve to reassure parents everywhere about the high quality of school food and how well balanced and tasty the meals we provide are, not just at my school but across the length and breadth of the country. My school, my colleagues and the students for whom I cook, are all absolutely thrilled and honoured by this success. I am looking forward to an exciting year as the new LACA School Chef of the Year 2019."



UK Harvest



Our Award-winning catering team, along with our student food ambassadors, were honoured to be invited to cook at the UK Harvest Gala Dinner on Friday, 29 March at the Assembly Rooms in Chichester.

A wonderful evening of entertainment and a three-course dinner was enjoyed by all, with all proceeds from the evening going to support the redistribution of food to those in need in West Sussex.



Recipe from Award Winning Chef - Steven Cross

Steamed Teriyaki Salmon with Spicy Greens



Why not try our great cholesterol busting tasty recipe that will help you feel vitalised and fresh after the likely over-indulgence of Easter?

This recipe has great zingy Asian flavours and is high in iron, protein, omega 3 and vitamin B12.

This dish is really healthy and is tasty as lunch or dinner.

Ingredients

- Salmon Fillet (Skinless)
- 2tsp Honey
- 3tsp Dark Soy Sauce
- 3tsp Sesame Oil
- 1tsp Sesame Seeds
- 2 Garlic Cloves
- 1 Stick Ginger
- 1 Small White Onion
- 2 Red Chillies
- Curly Kale
- Tender Stem Broccoli
- Pak Choi

Coming Up Next Term....

- John Muir Award at Staunton for Year 10
- HMS Sultan visit for Girls Network
- Mentoring Reward trip for Mr Crowley's mentor group
- Andrew Simpson Sailing with Mrs Norman
- Big Bang Fair for Year 7

Method

Make the marinade for your salmon by mixing honey, soy sauce, 1tsp sesame oil, 1 finely sliced garlic clove and 1tsp finely cut ginger. Add to the salmon fillet, leave in the fridge to marinate for 4-8 hours.

Prepare your vegetables by slicing the pak choi, cutting the broccoli into four and removing any woody stalks from the kale. Set vegetables aside.

Pre-heat the oven to 160 degrees, ready to cook the salmon.

Cut a 30cm square piece of baking parchment and make a bag by folding in half and folding the edges.

Add the salmon to the bag with the remaining marinade and sesame seeds. Fold the bag, close and place on a tray.

Cook the salmon for 15-20 minutes in your pre-heated oven.

While the salmon is cooking, heat a wok or heavy frying pan, add the remaining sesame oil and allow to smoke slightly. Add the white onion, finely sliced remaining garlic clove and ginger, and cook for 2 minutes. Finally add the kale and sliced pak choi and cook until tender.

Serve the green vegetables in a bowl, remove the salmon from the oven and place on top of the greens and pour over the remaining liquid from the bag.

Finish with some freshly chopped coriander and more sesame seeds.